

Niedlov's Breakfast

Brioche French Toast (v)	\$6.49
French toast battered brioche, house made pear preserves, cream cheese, roasted pears, powdered sugar, and crème fraîche. (Half order \$3.99)	
Eggs in Purgatory (v)	\$4.99
Sundried tomato pesto, wilted garlic spinach, poached egg served on toasted Sourdough.	
One-Eyed Susan	\$4.99
Fried egg, bacon, and fried tomato served on Multigrain.	
The Fancy	\$5.49
Fried egg, bacon, arugula, cheddar, avocado, red onion, and jalapeño aioli on Multigrain.	
Sausage & Egg Biscuit	\$4.98
Sausage or bacon, egg, and cheddar cheese served on a homemade biscuit.	
Croissant Egg Sandwich (v)	\$5.49
Choose two from the following toppings: bacon, goat cheese, sausage, cheddar, mushrooms and spinach.	
Lox and Bagel • served breakfast & lunch	\$5.49
Cream cheese, smoked salmon, tomato, sprouts, red onion, capers, served on a homemade bagel.	
Lox & Avocado • served breakfast & lunch	\$5.99
Cream cheese, smoked salmon, avocado, cucumber, fresh peas, dill crème fraîche, sprouts, served on a homemade bagel.	
Housemade Granola (v)	\$3.49
Topped with natural vanilla yogurt and honey. (Served with milk -\$2.99)	

(v) = vegetarian

Niedlov's offers a full espresso bar, featuring locally roasted VELO coffee, as well as a variety of soft drinks and juices.

Pastries

Cinnamon Rolls	\$1.99
Featuring coarse-ground Indonesian Cinnamon, real butter, soft sides, and gooey centers.	
Croissants	
All croissant dough is traditionally made, from scratch, layered and folded with real butter, in-house.	
Traditional Butter Croissant	\$2.25
Almond Croissant	\$2.75
Chocolate Croissant	\$2.75
Cheddar Croissant	\$2.75
Ham & Cheese Croissant	\$3.99
Cheese Danish	\$2.75
Strawberry & Cheese Danish	\$2.75
Bagels	\$1.50
All our bagels are made from scratch, hand-shaped, kettle boiled, and hearth baked.	
Scones	\$1.99
Vanilla, Cranberry, Ginger, Chocolate chip, Cinnamon sugar, Blueberry, Maple oatmeal	
Quiches of the Day	
Made with local eggs, baked fresh daily.	
Small	\$3.49
Large	\$4.99
Muffins / Whole Wheat Muffins	\$2.49
Weekly flavors. Whole wheat muffins made with 100% organic stone-ground whole wheat flour.	
Cookies	6/\$5.00 or 99¢ each
Weekly flavors.	

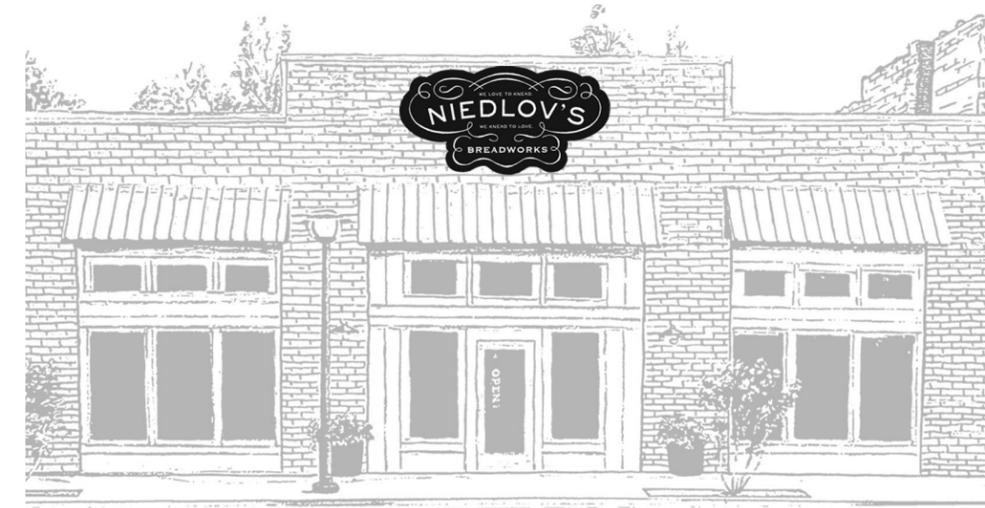
423.756.0303 • 215 E Main St. Chattanooga, TN 37408 • Niedlovs.com

Menu

Breakfast | Lunch

Breakfast Hours 7:00 AM - 11:00 AM

Lunch Hours 11:00 AM - 3:00 PM



Sandwiches

Chicken Salad on Ciabatta / \$6.99

House roasted and pulled, all-natural chicken, with house made mayo, carrots, celery, green onion, and cilantro topped with sprouts.

Reuben on Grilled Deli Rye / \$7.99

Corned Beef, sauerkraut, Russian dressing, and Swiss cheese, served hot.

* Substitute mushrooms for a mushreuben.

Turkey and Goat Cheese Panini on Sourdough / \$7.49

Turkey, pear and cranberry chutney, goat cheese, house made mayo, arugula, and radish.

Add bacon \$1.00.

California Dan on Six Grain Four Seed Bread / \$7.99

Turkey, Swiss cheese, fresh avocado, lettuce, tomato and sprouts with house made mayo.

Curried Chicken Sandwich on Wheat Bun / \$7.49

Roasted chicken, spicy golden curry sauce, apple and mustard slaw, caramelized onions, house made mayo, fresh arugula.

Pesto Chicken Sandwich on Baguette / \$7.49

Roasted chicken, provolone cheese, oven cured tomatoes, spinach and walnut pesto,

house made mayo, fresh sliced tomatoes, pickled onions, fresh arugula.

Roast Beef on Baguette / \$7.49

Roast Beef with provolone cheese, mushrooms, caramelized onions, served with horseradish mayo and stone ground mustard.

Harvest Ham & Cheddar on Grilled Baguette / \$ 6.99

Ham, cheddar, mustard, arugula, fried apple, onion, and house made mayo.

New Club Niedlov's * on Multigrain / \$7.99

Turkey, Ham, applewood smoked bacon, Swiss, jalapeño aioli, lettuce, tomato, and stone ground mustard.

Italian Veggie on Sourdough (v) / \$ 7.49

Walnut pesto, grilled zucchini, oven cured tomatoes, roasted portabella, provolone cheese, fresh tomato and arugula, served hot.

Cucumber & Cream Cheese on Six Grain Four Seed Bread (v) / \$5.99

Cream cheese, cucumber, sprouts, avocado, pickled onions, and cilantro.

Add salmon \$1.00.

* Unavailable for "Pick Two"

(v) = vegetarian

Sandwiches

Build Your Own Sandwich / \$7.99

Your choice of meat, cheese, veggies, and condiments served toasted or cold; on your choice of artisan or sandwich bread.

Bread

Sourdough, Ciabatta, Multigrain, Six Grain Four Seed, Sesame Bun, Deli Rye, Baguette, Light Wheat, Pioneer White

Meats

Ham, Turkey, Roast Beef, Corned Beef, and Bacon

Cheese

Cheddar, Goat Cheese, Swiss, Provolone

Fresh Fillings

Tomatoes, Lettuce, Cucumber, Sprouts, Red Onion, Carrots, Radishes, Spinach, Mushrooms

Sauces

House Made Mayo, Dijon Mustard, Stoneground Mustard, Horseradish Mayo, Russian, Jalapeño Aioli

Add to Any Sandwich

Cheese, Portabellas - \$.50 • Avocado, Bacon or extra meat - \$1.00

Pick Two

Half Sandwich • Half Salad • Small Soup.

Combo meal for \$7.99

Soup

Niedlov's Soups are all made from scratch, in-house. See board for today's options.

Regular Bowl / \$4.49 • Small Bowl / \$2.99

Fresh Salads

House Made Dressings Include: House Vinaigrette, Pear Orange Vinaigrette, Buttermilk Dressing, Tahini Dressing, Grand Dijon Vinaigrette, Russian Dressing.

House Salad (v) (gf) / \$6.99

Romaine, spinach, carrot ribbons, tomato, cucumber, radishes, sprouts, sunflower seeds and croutons. (add turkey, ham, cheddar, Swiss for a Chef Salad - \$7.99 *)

Cobb Salad / \$7.49 *

Avocado, boiled egg, bacon, red onion, cucumber, sprouts served on a bed of mixed greens.

Kale Salad (v) (gf) / \$6.99

Marinated kale and cabbage, buttermilk dressing, cranberries, toasted walnuts, granny smith apple, parmesan, balsamic reduction.

Pear and Goat Cheese (v) (gf) / \$7.49

Arugula, preserved pear, goat cheese, pecans, with balsamic reduction and pear vinaigrette.

Quinoa and Lentil Salad (v) (gf) / \$7.49

Roasted sweet potatoes, roasted onions, crisp celery, golden raisins, tahini dressing, carrot ribbons, pumpkin seeds, sprouts and arugula. Add avocado \$1.00

Smoked Salmon Salad (gf) / \$7.99 *

Garlic Dijon vinaigrette, dill crème fraîche, red onion, kalamata olives, fresh peas, radish, boiled eggs, and croutons on a bed of mixed greens.

* Unavailable for "Pick Two"

(v) = vegetarian

(gf) = Made with gluten free ingredients here in our bakery.

Kid's Menu

Kids only up to 12 years old.

Grilled Cheese on Light Wheat Bread / \$3.99

P, B & J on Light Wheat Bread / \$3.99